



Alternative Schoolies FIJI Suggested Packing List

Carry-on Luggage:

Please use a small backpack/daypack. This will be used throughout the trip on excursions.

- Passport and Wallet
- Spare T-Shirt, shorts and underwear
- Sunglasses
- Camera
- Journals and Pens
- Music, books, etc.

Checked Baggage:

- For service projects:
 - T-shirt or collared shirt (3-4) * Please note shoulders must be covered at schools and in villages
 - Boys - nice shorts (1-2)
 - Girls - long skirt that covers your knees and is comfortable (1-2)
 - Girls - long shorts for sports at schools - must reach knee (1)
- T-Shirts (3-4)
- Long-sleeve t-shirt (1)
- Shorts (2-3 pairs)
- Jeans or long pants (1 pair)
- Light jacket
- Underwear
- Socks
- Sneakers - clothes toed shoes are required for some activities
- Sandals and/or flip flops
- Swim suit (1-2)
- Cap or sun hat
- Light weight raincoat or poncho
- Towel (1 beach, 1 bath)
- Laundry bag
- Flashlight or headlamp
- Spare batteries
- Reusable water bottle (a must!)
- Durable work gloves for service projects (required!)



Toiletries: Please note that we strongly encourage all students to use only biodegradable soap.

- Biodegradable soap
- Biodegradable shampoo
- Toothbrush
- Biodegradable toothpaste
- Sunscreen
- Insect repellent
- Waterless hand sanitizer
- Personal first aid kit with band aids, antibiotic ointment
- Any medications
- Contact lens and fluid and spare glasses
- Other personal items as necessary

Optional Items:

- Pictures of family and friends to share with you new friends in Fiji
- Musical instrument - Fijians love to play guitar
- Energy bars, vitamins and other snacks (recommended to bring from home)
- Books, playing cards, games
- Ear plugs or Eye shield if you are a light sleeper
- Donations (see below)

Donations for local communities:

If you would like to bring donations, we ask that you follow the list below of suggested items, which has been developed with the local community and schools. We suggest bringing 3-5 items if you wish and encourage you to be mindful of airline baggage allowances.

Suggested Donations:

- Books for School Libraries
 - Books appropriate for Kindergarten and Primary School students
- Materials For Schools
 - Paint and paint brushes
 - Glue (sticks or bottles)
 - Tape
 - Crayons or coloured pencils (not markers)
 - Pencils and pencil sharpeners
 - Soccer balls, rugby balls or volleyballs
- First Aid Supplies for the Village Nursing Stations
 - Band aids, gauze and first aid tape
 - Anti-biotic ointment
 - Ace bandages
 - Thermometers
 - Medical gloves